



NWIMAA Intent to Test Form



Advanced—Cho Dan Bo

Hyungs	Il Soo Sik/Ho Sin Sul	Basics	Bully Expert
<input type="checkbox"/> Nianchi Cho Dan	<input type="checkbox"/> 1-20 Hand	<input type="checkbox"/> All Hand Techniques	<input type="checkbox"/> Word Blocks
<input type="checkbox"/> Bong Hyung E Bu	<input type="checkbox"/> 1-20 Feet	<input type="checkbox"/> Basic kicks: Front, Side, Round, Spin Back, Spin Heel, Axe, Crescent	<input type="checkbox"/> Anger Guard
<input type="checkbox"/> Sae Kye Hyung Forms	<input type="checkbox"/> 1-20 Self Defense	<input type="checkbox"/> Jump Front, Jump Round, Jump Side, Jump Spin Back	<input type="checkbox"/> Look and Sound
<input type="checkbox"/> Fitness <input type="checkbox"/> Written Test <input type="checkbox"/> 24 Classes Complete <input type="checkbox"/> 15 Home Practice Sessions			

No Trim Uniform Top

Pants

Size:

Student Signature _____

Guardian Signature _____

Intent to Test Form

Instructions

Rank	Belt	Minimum Time Requirement (since Yellow Belt)
Cho Dan Bo	Dark Blue	24 Months & 3 months since 1st gup
Advanced Cho Dan Bo	Half Blue/Half Black	30 Months Total & 6 months as a Cho Dan Bo

Testing Fee: **\$50**

No Hassle Uniform Top: **\$40** (No Trim)

New white pants: **\$20**

This form allows you to select the material over which you wish to be evaluated. You must meet the following requirements:

1. You must complete 24 classes between ranks
2. You must have the minimum time requirement as specified in the associated table
3. You must complete 15 practice sessions at home (these should be roughly 15 minutes each)
4. You must be ready to show fitness improvement
5. You must complete the take-home written test
6. You must be able to show proficiency of all the material listed on this form.
7. Students and Guardians (for students under 18) must sign the form indicating completion of the requirements
8. Evaluations forms are due **NO LATER** than **ONE WEEK** before testing day. Evaluation forms submitted after the deadline will be considered for the next testing rotation

The Evaluation and Testing Process:

1. Submit completed Intent to Test Form
2. A NWIMAA instructor will either evaluate your skill proficiency during class, immediately before, or immediately after class.
3. Proficiency is defined as a knowledge of material. If you must ask for help during your evaluation, you don't know your material. There might not be time to complete more than one evaluation before the test. Be prepared for evaluation when you submit your Intent to Test Form.
4. Once you pass your evaluation, you must complete the next scheduled test. Successful completion of your Evaluation does not guarantee that you will pass your test. You must perform with maximum focus and effort at your test. Successful completion of your test will result in the awarding of your belt.
5. If you do not pass your test, that's ok! All it means is you need a little more practice before you try again. Use your test as an opportunity to learn where you need more work and practice hard for your next test!