



# Testing for 3<sup>rd</sup> Gup Written Exam



Name : \_\_\_\_\_ Date : \_\_\_\_\_

**Examiners Use Only**

Total correct \_\_\_\_\_ / 70 = \_\_\_\_\_ %

**75% is passing**

Multiple Choice: Choose the best answer.

1. The word "Soo" in Tang Soo Do means \_\_\_\_\_.

- A) hand                      B) Person                      C) Run or fight                      D) Stand

2. The word "Do" in Tang Soo Do means \_\_\_\_\_.

- A) self-defense                      B) ancient fighting style                      C) way of life or art                      D) punch

Match the World Tang Soo Do Association flag symbols with their meaning.

- 3. 6 stars                                      opposing and complimentary forces
- 4. Um-Yang                                      means our organization covers the globe
- 5. Flying Side-Kick                                      6 continents that Tang Soo Do is found on
- 6. Red Circle                                      the whole person concept
- 7. Globe                                      unity and brotherhood

Write out the 7 Tenets of Tang Soo Do.

- 8. \_\_\_\_\_
- 9. \_\_\_\_\_
- 10. \_\_\_\_\_
- 11. \_\_\_\_\_ and \_\_\_\_\_
- 12. \_\_\_\_\_
- 13. \_\_\_\_\_
- 14. \_\_\_\_\_

Word Bank (Choose 8)

- Respect                                      Integrity
- Humility                                      Self-Control
- Obedience                                      Perseverance
- Concentration
- Indomitable Spirit
- Manners
- Positive Attitude

Match the Korean with the English.

- |                             |                      |
|-----------------------------|----------------------|
| 15. Bit Cha Ki              | Side Kick            |
| 16. Yup Cha Ki              | Inside/ Outside Kick |
| 17. Ahp Cha Ki              | Diagonal Kick        |
| 18. Tolloyo Cha Ki          | Back Kick            |
| 19. Phakeso Anhu Ro Cha Ki  | Outside/ Inside Kick |
| 20. Anhneso Phaku Ro Cha Ki | Front Kick           |
| 21. Dwi Cha Ki              | Roundhouse Kick      |
- 

22. Green belt represents \_\_\_\_\_.

- A) new growth in spring                      B) Tang Soo Do knowledge reveals itself  
C) speedy development of youth        D) flowering in late summer

23. Knife hand defense and reverse punch in fighting stance is \_\_\_\_\_.

- A) Yuk Jin                      B) Soo Ki                      C) Ha Dan Soo Do                      D) Yuk Soo

24. Which of the following techniques is in Pyung Ahn Sah Dan?

- A) Dwi Cha Ki                      B) Jang Kwon                      C) Kwan Soo                      D) Yup Cha Ki

25. The Dynasty that united Korea's three kingdoms was the \_\_\_\_\_.

- A) Koryo                      B) Paekche                      C) Koguryo                      D) Silla

26. The \_\_\_\_\_ Dynasty was founded in 37 BC.

- A) Yi                      B) Tang                      C) Do                      D) Koguryo

27. Tang Soo Do is about \_\_\_\_\_ years old.

- A) 5000                      B) 3000                      C) 2000                      D) 1500

28. The Korean flag is called \_\_\_\_\_.

- A) Kukgi                      B) Tae Keuk Ki                      C) Bae Rye                      D) Hyup Hoi Ki

29. The Silla Dynasty was located in the \_\_\_\_\_ part of Korea.

- A) northern                      B) western                      C) southeastern                      D) southwestern

Match the English body part with the Korean term.

- |                 |           |
|-----------------|-----------|
| 30. neck        | pahl      |
| 31. arm         | bahl      |
| 32. foot        | pahl koop |
| 33. waist       | tuck      |
| 34. hand        | mok       |
| 35. chin        | dan jun   |
| 36. low abdomen | soo       |
| 37. elbow       | hur ri    |

38. The united Silla Kingdom was overthrown in the year \_\_\_\_\_.

- A) 668 AD                  B) 935 AD                  C) 907 AD                  D) 1392 AD

Finish the 14 attitude requirements

Word Bank 39-48

Enhancement	Approach	Physical	Practice	Spaced
Mental	Effort	Regular	Constant	Practice

- Purpose of training should be the (39) \_\_\_\_\_ of (40) \_\_\_\_\_ and (41) \_\_\_\_\_ betterment.
- Serious (42) \_\_\_\_\_.
- All out (43) \_\_\_\_\_.
- Maintain (44) \_\_\_\_\_ and (45) \_\_\_\_\_ practice.
- (46) \_\_\_\_\_ basic techniques all the time.
- Regularly (47) \_\_\_\_\_ (48) \_\_\_\_\_ sessions.

Word Bank 49-56

Listen

Follow

Achievements

Techniques

Frequently

Theory

Idle

Philosophy

- Always (49) \_\_\_\_\_ to and (50) \_\_\_\_\_ the direction of instructors or seniors.
- Do not be overly ambitious.
- (51) \_\_\_\_\_ inspect your own (52) \_\_\_\_\_.
- Always follow a routine training schedule.
- Repeatedly practice all (53) \_\_\_\_\_ already learned.
- When you learn new techniques, learn thoroughly the (54) \_\_\_\_\_ and (55) \_\_\_\_\_ as well.
- When you begin to feel (56) \_\_\_\_\_, try to overcome this.
- Cleanliness is required after training. Keep yourself and your surroundings clean.

57. In Korean, Yodol refers to the number \_\_\_\_\_.

- A) 4                  B) 6                  C) 7                  D) 8                  D) 10

Match the year of Grandmaster's life with what he did.

- |                   |  |
|-------------------|--|
| 58. 1936          | Started training in martial arts                       |
| 59. 1948 (age 12) | Recruited into the Korean Air Force                    |
| 60. 1958          | Born in Korea  |
| 61. 1968          | Founded his first U.S. organization                    |
| 62. 1982          | Awarded his 9 <sup>th</sup> Degree                     |
| 63. 2010          | Charter Convention of WTSDA proclaimed him Grandmaster |

64. Chun Kul Ssang Soo is \_\_\_\_\_.

- A) side punch                  B) high knife hand block, front stance                  C) two hand block, front stance

65. The first complete martial arts book is called \_\_\_\_\_.

- A) Koryosa                  B) Mooyae Dobo Tongji                  C) Muyong-Chong                  D) Samkook Sagi

66. The first complete martial arts book was written in \_\_\_\_\_.

- A) 1500 B.C.            B) 650 B.C.            C) 830 A.D.            D) 1790 A.D.

67. Grandmaster Jae C. Shin was honored by being the subject of a full chapter in the martial arts book \_\_\_\_.

- A) The Art of War            B) 20<sup>th</sup> Century Warriors            C) Zen in the Martial Arts

68. Grandmaster Shin's first school in the United States was located in the city of \_\_\_\_\_.

- A) Philadelphia, PA            B) Trenton, NJ            C) Burlington, NJ            D) New York, NY

69. The name of the monk who inspired Grandmaster Shin to begin his martial arts training is

\_\_\_\_\_.

70. "E Dan Ahp Cha Ki" means \_\_\_\_\_.

Extra Credit: What year did Grandmaster and 4 other delegates visit the Shaolin Monastery?

- A) 2000            B) 1980            C) 1984            D) 1998