

Match the Korean with the English.

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|-----------------------------|----------------------|
| 16. Yup Cha Ki | Inside/ Outside Kick |
| 17. Ahp Cha Ki | Side Kick |
| 18. Tolloyo Cha Ki | Back Kick |
| 19. Phakeso Anhu Ro Cha Ki | Outside/ Inside Kick |
| 20. Anhneso Phaku Ro Cha Ki | Front Kick |
| 21. Dwi Cha Ki | Roundhouse Kick |
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Match the Korean flag symbol with what it represents.

- | | |
|-----------------------------------|--------|
| 22. 3 solid lines | Heaven |
| 23. 2 broken bars and 1 solid bar | Earth |
| 24. 3 broken bars | Fire |
| 25. 1 broken bar and 2 solid bars | Water |
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26. Green belt represents _____.

- A) new growth in spring B) Tang Soo Do knowledge reveals itself
C) speedy development of youth D) flowering in late summer

27. Knife hand defense and reverse punch in fighting stance is _____.

- A) Yuk Jin B) Soo Ki C) Ha Dan Soo Do D) Yuk Soo

28. The command to do a hyung without a count is _____.

- A) Bahl Cha Ki Choon Bee B) Ku Ryung Up Shi
C) E Kyung Yet D) Hu Ryung E Mat Cho So

29. Grandmaster Shin came to the United States in _____.

- A) 1968 B) 2000 C) 2015 D) 1978

30. The Dynasty that united Korea's three kingdoms was the _____.

- A) Koryo B) Paekche C) Koguryo D) Silla

31. The _____ Dynasty was founded in 37 BC.

- A) Yi B) Tang C) Do D) Koguryo
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Match the block with the Korean term.

32. Inside to outside block A) Han Dan Mahk Ki
33. High Block B) Sang Dan Mahk Ki
34. Outside to inside block C) Phakeso Ahnu Ro Mahk Ki
35. Low Block D) Ahneso Phaku Ro Mahk Ki
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36. Grandmaster Shin began his martial arts training at the age of _____.

- A) 5 B) 7 C) 9 D) 12

37. Tang Soo Do is about _____ years old.

- A) 5000 B) 3000 C) 2000 D) 1500

38. The Korean flag is called _____.

- A) Kukgi B) Tae Keuk Ki C) Bae Rye D) Hyup Hoi Ki

39. The Silla Dynasty was located in the _____ part of Korea.

- A) northern B) western C) southeastern D) southwestern

Match the English body part with the Korean term.

40. neck pahl
41. arm bahl
42. foot pahl koop
43. waist tuck
44. hand mok
45. chin dan jun
46. low abdomen soo
47. elbow hur ri

48. The united Silla Kingdom was overthrown in the year _____.

- A) 668 AD B) 935 AD C) 907 AD D) 1392 AD

49. Grandmaster Jae C. Shin was born in the year _____.

- A) 1930 B) 1936 C) 1941 D) 1946

50. In Korean, Yodol refers to the number _____.

- A) 4 B) 6 C) 7 D) 8 D) 10

Finish the 14 attitude requirements

<u>Word Bank</u>				
Enhancement	Approach	Physical	Practice	Spaced
Mental	Effort	Regular	Constant	Practice

- Purpose of training should be the (51) _____ of (52) _____ and (53) _____ betterment.
- Serious (54) _____.
- All out (55) _____.
- Maintain (56) _____ and (57) _____ practice.
- (58) _____ basic techniques all the time.
- Regularly (59) _____ (60) _____ sessions.

Extra Credit: Chung Shin Tong Il means _____.

- A) concentration B) endurance C) respect D) basic techniques