



# SELF DISCIPLINE SHEET



*Develop good habits that will last a lifetime!*

Write down something new you did around the house or at school that you DID NOT have to be told to do by an adult.

**Student Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Belt:** \_\_\_\_\_

**YOU ARE ON A QUEST TO BE YOUR BEST!!**

Bring this sheet to class when you have 10 lines completed and you will receive a **RED CHARACTER** Stripe on your Belt!  
(Two Red Stripes required for Graduation)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

**Parent/Guardian Signature** \_\_\_\_\_



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